

# FREE WRITING WORKSHOP

May 7 \* Thursday \* 7:00-9:00PM  
The Green Room @ Gone Wired Cafe  
2021 E. Michigan Ave. \* Lansing, MI

Poet-activist-educator **Melissa Dey Hasbrook** shares a practical, philosophical, and spiritual approach to writing that she has developed since 2006. Inspired by the life and work of **Gloria Anzaldúa**, this approach to writing

- \* **crosses boundaries** of self-censorship and convention
- \* **embraces inspiration** of body, mind, and soul;
- \* and **engages audience** of ancestors and nature.

The workshop offers a **meditative** exercise, **interactive** stations, and a **quiet** space. Participants are encouraged to bring a personally valued object, photo, or memento. **The session is free, and donations are welcome** to support Hasbrook's work as an independent scholar. She will give a similar workshop at "El Mundo Zurdo: The First International Conference on the Life and Work of Gloria Anzaldúa" in San Antonio, Texas.

**Sign-up by email: [mdh@deyofthephoenix.com](mailto:mdh@deyofthephoenix.com). On-time walk-ins are welcome if space allows.** Creative and cumulative, the workshop is effective when attended in its entirety. Latecomers may join the discussion after workshop activities.

*Melissa Dey Hasbrook, originally from DeWitt, Michigan, currently resides in Belgium. Her recent poetry collection titled "the land, once called DeWitt" is available at <http://deyofthephoenix.com>. Other collections by her include "Blame It on Eve!" and the co-authored "Echoes of Women".*

